

# Explore The Path To Success



**Personal Development For Teens**

**What Is Success?**

**OVP Coaching**  
*Raising the leaders of tomorrow  
by helping them  
work on themselves today*  
**Olive Pellington**

## Reading Focus

The Path To Success pages; 7-11, 12-18

## What will you learn?

In this module you will gain a better understanding of;

- what being successful means to you
- the harmony between your success and your vision
- how to be successful no matter your circumstance

## Objectives:

By the end of this module you will be able to describe your own criteria for success based on your vision statement from the previous chapter. Success is personal and so this module will give you a broader understanding of what it means to live a successful life.

## What is success?

Let's get straight to it. You know your loved ones want the best for you but no matter how hard you feel you are working they wish you would do some things a little differently. Maybe they'd like you to take your education more seriously. Maybe they would like you to take a break once in a while and spend time with them. Or maybe they'd like you to give them a break once in a while and take more responsibility for yourself...but what about you? What are your thoughts?

How well do you think you're doing?

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## Introduction

We all want to be successful in life but what does it mean to be successful? Make a list of 5 people who you think are successful. Who would you say is a good example of success and why?

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2 \_\_\_\_\_

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3 \_\_\_\_\_

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4 \_\_\_\_\_

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5 \_\_\_\_\_

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# Explore The Path To Success

What is success?



- Looking at your descriptions of successful people make a list of any words you have used for more than one person

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- Are there any other words you have not yet used that could summarise why you think these people are successful? List them here

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The exercise we have just been through is based on your choices. So you have decided, in your opinion who you think is successful and why you believe they are successful. The words you have listed are your criteria for what success means to you.

- Using this criteria, how successful are you? Why do you think this?  
*Give examples*

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- What would you need to do in addition to what you are already doing to improve or increase your success rate?

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- Based on your criteria how long will it take for you to be a success?

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## Using your success criteria

Success is a word that means different things to different people. This means that success is defined by the individual. However, there is a common thread running between them all and that is, in order to be successful there is usually a process that must be followed. This consists of learning, which requires some level of energy that is spent with enthusiasm, which causes you to persevere in carrying out your purpose with a passion in order to reach your goal and become successful. Let's take a look at a personal example of this;

1. Describe a success you have had in the past.

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2. How did you know that you had achieved success?

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3. What steps did you take to get you there?

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## Using your criteria for future success

Now that you have evidence and detail about your past successes, answer these questions. Use the information about your vision from the previous Module 0: Vision, to help you with this. Give as much detail as you can.

1. What is it that you want to achieve? What is your goal?

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2. What will you need to achieve your goal?

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3. Does this process fit your success criteria? *Why?*

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4. Would you consider achieving this goal a success? *Why?*

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Excellent! You have now created your process to be more successful. Let's put your success criteria and process together in easily accessible statements.

In order to be successful I will need to; (*process*)

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

I know I will have achieved success because I will; (*criteria*)

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

### Summary:

We now know success means something different to everyone. Some feel success is a huge achievement or a life changing moment, while others see it as a moment of overcoming difficulty or a completed task. So, by now you should have a better understanding of;

- What being successful means to you
- The harmony between your success and your vision
- How to be successful no matter your circumstance

We hope you have enjoyed discovering more about your success criteria and how you can use it to create the future you want. You are the key to your success. So set yourself up to win every time!

### Thought for the next module:

Before we begin the next module, consider this; *the dictionary defines success as; the accomplishment of goals, attainment of wealth, position or honour. Synonyms are; Achievement, Accomplishment, Victory, and Triumph.*

Having completed this module, how will you use this information to become more intentional about being successful more often?

